



**YOUR 3 KEYS
TO FOSTERING
YOUR BIGGEST
SUCCESS IN LIFE
GUARANTEED!**

ADAM STARKS

Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome. - Booker T. Washington

EXCERPT FROM BROKEN CHILD MENED MAN:

"Born to a single mother with only a ninth-grade education, I came into this world without much of a chance for success. By any statistical set of societal norms, I should not be here. I should not have graduated high school. I should not have made it to college. I should not have graduated college and so on and so forth. Yet, I'm living proof that anyone can become an outlier, regardless of outside influences or test outcomes that cannot account for all possibilities. My greatest strengths have been my inward ability to persevere in the face of adversity. As a result, my magnificent trials and lessons have fortified a level of resilience I've grown to appreciate over time. It's important to understand that life is a constant series of tests and obstacles to overcome. I think of my challenges as gatekeepers to the desired end result. Without them, my accomplishments would be a little less sweet than if my goals were just handed to me."

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Although I touch upon my dreams in the book, I didn't become an Olympic-caliber athlete or ever have my movie scripts accepted by a Hollywood producer. The vast majority of us don't go on to lead extravagantly incredible lives. We have dreams, that get downsized to goals and we eventually settle for successfully supporting ourselves or raising a family by any means necessary. We graduate high school as expected, earn a degree in higher education and hopefully get a job in a related field. Some of us go on to get married and have children; none of those milestones necessarily in that order. I ended up graduating college, starting a family and working at a national restaurant chain as a successful manager while being promoted up the ladder. I'd venture to say most people want some variation of that lifestyle. It's consistent, and it allows us to be satisfied with getting by throughout life.



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The appeal of my biography, Broken Child Mended Man, is that it lacks an extraordinary element and that is the point.

I don't mean that my story is bland or uninspiring. It's the exact opposite. Instead, my story of overcoming the odds and breaking the cycle is achievable. Yes, you too can do this, and the Fostering Success program can help you. As I stated above, I didn't become a movie star, pro athlete, or and Fortune 500 executive, so my story lacks the glamour that's used to sell books in the biography genre. However, my story has an element of grit that's necessary to keep downtrodden among us pressing forward for a better day.

My story was nothing extraordinary other than making a conscious decision to turn my life around at the most opportune moment. Most people will be able to relate to my shortcomings and successes because the storyline has challenges most people have faced at some point in their lives, but may have handled in different ways. Some of my choices exuded strength while other decisions were downright reckless and resulted in lessons learned. Without a stable example, I still managed to turn out just fine.



The most amazing thing we can do in life is to discover our purpose. I refuse to believe that we are all just aimlessly wandering around on this planet spinning in endless loops around the sun. However, lacking a stable example throughout my formative years meant I've always struggled with a starting point. I've always wanted to be extraordinary in some sense, but knowing where to begin has been a constant battle. It's tantamount to starting your life in a dark cave with nothing but candlelight that flickers in and out causing you to stumble along the way.

After experiencing life with this lens, my spark finally ignited once I began publishing books and speaking. I want you to have access to the knowledge gained throughout the fostering success process to realize your potential and achieve the sense of completeness I experience today. I'd be hard-pressed to find anything better than the love and stability of my family. I broke the cycle of generational trauma and pain, and that in itself is extraordinary. That was the foundation for discovering how to foster my success as a speaker and writer.

Some version of my story happens to millions every day, but we grin and bear it hoping for a better day tomorrow. If you're reading this, then I believe in you. However, that doesn't amount to much if you don't believe in yourself. Let's change that! With my story in mind, let's A.I.M. for your goals and discover your ultimate purpose in life.





Aspire to success [on your terms]

- The first question you must ask yourself, is what do you want from the gift that is your life?



Instill the habits of success

- We are creatures of habit. Therefore, it's up to you and you alone to decide and commit to break through and change the routine preventing you from your ideal life. If you're ready, then I'm ready!



Magnify your mettle

- Many success programs won't let you in on this little secret, but you're going to falter at times. You may even fail a time or two. Guess what; that's okay! Your mettle will gauge your willingness to commit to a better outcome for your life. Friends and family always wonder how I get back up when the chips are down. I made a decision early on that giving up wasn't an option! I will always be the victor in my story, never the victim.



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Think about this process as you listen to others and commit to success on your terms. Say no to what others expect you to do. Say yes, to what you are meant to do – that which fulfills your reason for being. Welcome to the Fostering Success tribe!

Our Successment™ (Success + Assessment) is coming soon! Remember, fostering is only part of the journey. The success is up to you!

Get you fill up of inspiration from weekly episodes of Fostering Success.



www.FosteringSuccess.com